# Phenomenex ...breaking with tradition

## APPLICATION

Per- and Polyfluorinated Alkyl Substances (PFAS) from Milk, Eggs, Butter, Cheese, and Fish using QuEChERS, SPE, and LC-MS/MS

Agustin Pierri, PhD¹ and Scott Krepich²

- Weck Laboratories, City of Industry, CA 91745, USA
- <sup>2</sup> Phenomenex, Inc., 411 Madrid Ave., Torrance, CA 90501 USA

### Introduction

Per- and polyfluorinated alkyl substances (PFAS), are a group of synthetic fluorinated carbon polymers used on various commercial products, such as fire-fighting foams, non-stick surfaces, and food packaging. These have been detected throughout the global environment, food products, even human plasma. PFAS are associated with various adverse health effects, they are bio-accumulative, ubiquitous, and their analysis level requirements are very low, due to an expected lifetime of exposure.

In the following method we explore sample preparation techniques using a QuEChERS extraction for dairy and fish samples to achieve low ppb sensitivities, and a subsequent solid phase extraction (SPE) for further sample clean-up and ppt sensitivities. In addition, a range of buffers were explored to maximize ionization efficiency, mass spec sensitivity, and maintaining selectivity throughout the wide aliphatic range, including branched isomers.

The method described is a fast (4-minute gradient) and effective LC-MS/MS methodology. Using a Luna® Omega PS C18, a novel C18 column chemistry with a positive surface charge for the determination of PFAS at a 0.05-1000 ppb range in dairy and fish samples, a QuEChERS extraction for accurate 1 ppb recoveries in matrix, and secondary solid phase extraction clean-up for further accurate 0.1 ppb recoveries in matrix.

### **Experimental Conditions**

### Sample Preparation

### Step 1. QuEChERS Extraction and dSPE Protocol

### roQ Extraction Kit (Part No. KS0-8910)

- Take 1 g homogenized sample and add into 50 mL centrifuge tube
  - \* Spike samples with IS/surrogate and/or analytical spike as appropriate
- Add 10mL Acetonitrile and 10mL Water
- Add salts in salt packets (4 g MgSO<sub>4</sub> + 1g NaCl salts)
   Caution: Exothermic Reaction
   Note: Salt pack will clump (vortexing is not violent enough to break up clumps), specifically shake the sample violently until homogenous and then vortex for 30 seconds.
- Centrifuge until there is distinct separation between Acetonitrile, Water, and Solids layers
- Transfer 200 µL to autosampler vial for LC-MS/MS analysis, or remove 1 mL clean Acetonitrile and proceed to dSPE Protocol



### Scott Krepich Senior Field Application Scientis

Scott enjoys surfing and eating. He is crazy about chromatography, because his mom is really into CSI and thinks that is what he does.

### roQ QuEChERS dSPE Kit (Part No. KS0-8920)

- Transfer 1 mL of Acetonitrile and add to dSPE Kit Tube (150 mg MgSO<sub>4</sub> and 50 mg PSA)
- Vortex for 30 seconds and centrifuge
- Remove 1 mL clean Acetonitrile and analyze, or proceed to Step 2 SPE Protocol

### Step 2. Solid Phase Extraction (SPE) Protocol

### Pre-treatment:

Transfer 500  $\mu L$  of clean acetonitrile from QuEChERS Protocol and dilute to ~15 mL with water

### **Solid Phase Extraction**

Cartridge: Strata®-X-AW 200 mg, 3 mL

Part No.: 8B-S038-FBJ

 $\textbf{Condition:} \quad \text{Add 3 aliquots of 2 mL 0.3 \% NH}_{4}\text{OH/ACN}$ 

Equilibrate: 3 mL Water

Load: ~15 mL of diluted QuEChERS Extract

Wash: 5 mL Water

Elute: 4 mL 0.3 % NH<sub>4</sub>OH/ACN

Dry: Evaporate to near dryness and reconstitute to 500 µL

Transfer to autosampler vial for LC-MS/MS analysis

### LC-MS/MS Conditions

Column: Luna Omega 1.6 µm PS C18

**Dimensions:** 100 x 2.1 mm **Part No.:** 00D-4752-AN

Mobile Phase: A: 5 mM Ammonium Acetate in Water

B: Acetonitrile

 Gradient:
 Time (min)
 % B

 0
 40

 0.5
 40

 3
 90

 3.1
 100

 4
 100

 Flow Rate: 0.55 mL/min

Injection: 20 µL

Temperature: 40 °C

UHPLC System: Agilent® 1290

Potentian: Addition 6450 00

**Detection:** Agilent 6460 QQQ **Analytes:** 1. PFBA 9. PFHpS

 1. PFBA
 9. PFHpS
 17. Et-FOSE

 2. PFPeA
 10. PFOS
 18. Et-FOSA

 3. PFBS
 11. PFNA
 19. PFDS

 4. PFHxA
 12. FOSA
 20. PFUdA

 5. PFHpA
 13. Me-FOSE
 21. PFDoA

 6. PFHxS
 14. 8:2 FTS
 22. PFIrDA

 7. 6:2 FTS
 15. Me-FOSA
 23. PFTeDA

8. PFOA 16. PFDA



### **Results and Discussion**

Optimized LC-MS/MS conditions were explored, where ammonium fluoride is often a nice negative ion-mode enhancing modifier. Ammonium acetate, acetic acid, and ammonium formate were also screened (**Figure 1**), with ammonium formate yielding the best ionization efficiency and sensitivity for these particular compounds, and branched isomer resolution was maintained (**Figure 2**).

The system was calibrated from 0.05 ppb – 1000 ppb (Figure 3), with a 0.05 ppb LLOQ (Figure 4) and 0.5 ppb mid level (Figure 5).

Butter, cheese, egg, milk, and fish samples were screened using various QuEChERS-like extractions, including C18 dSPE, C18 dSPE with a hexane, PSA d-SPE with a hexane, C18+GCB dSPE, C18+GCB dSPE with hexane, and PSA dSPE (Figure 6). The PSA dSPE with the traditional water+acetonitrile extraction solvents gave the best recoveries for all of the samples with a 1 ng/g sensitivity in matrix (Figures 7-11), and then further optional clean-up using a Strata®-X-AW (mixed-mode reversed phase – weak anion-exchange) solid phase extraction yielded sensitivity in matrix down to 0.1 ng/g (Figure 12).

### Conclusion

Even with decreased use of PFAS on commercial products, PFAS contamination will persist throughout the environment due to their bio-accumulative properties. Thus, demand for PFAS analysis is not limited only to environmental samples, but also at low levels in food matrices for human consumption. Presented is a fast and sensitive LC-MS/MS method developed to meet PFAS analysis needs in diverse food samples, including diary and fish, down to low ppb levels. The use of the QuEChERS technique along with further clean up using solid phase extraction is an effective extraction and clean up procedure to ensure the optimum effectiveness of LC-MS/MS analysis.

### **Acknowledgement**

We would like to provide special thanks to Weck Laboratories for contributing this application.



Figure 1: Mobile phase buffer sensitivity screens

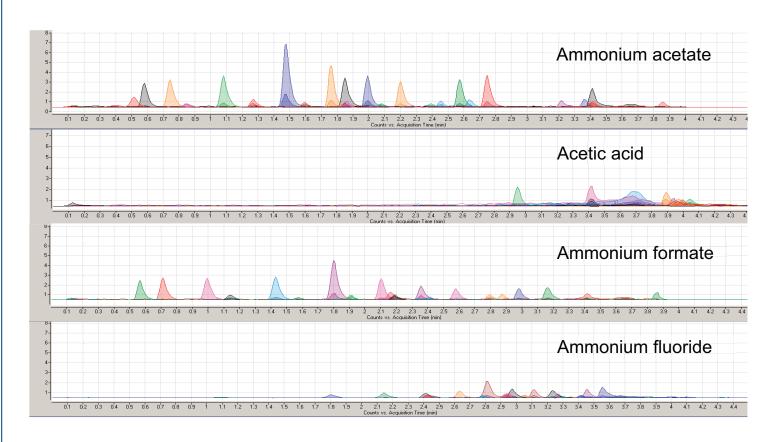




Figure 2: Branched isomer resolution using Ammonium Formate Buffer

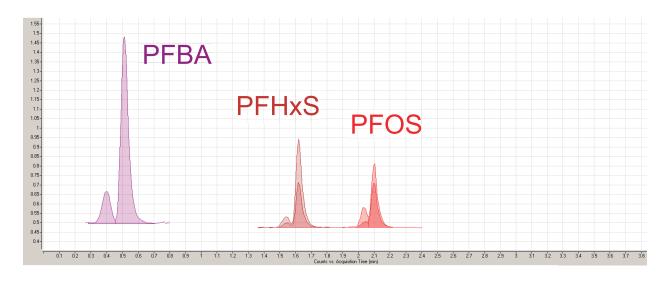


Figure 3: Dynamic Range (0.05-1000 ppb)

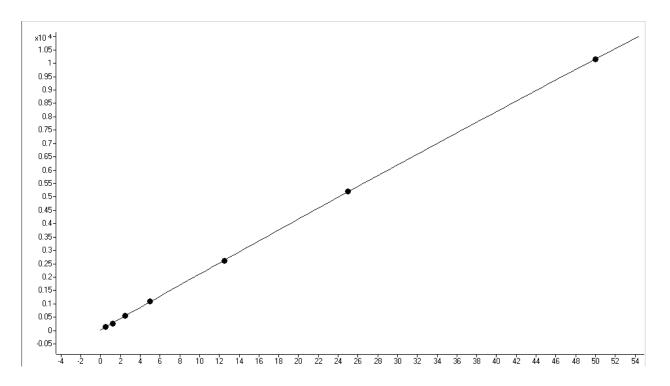




Figure 4: Chromatogram of a 0.05 ppb LLOQ

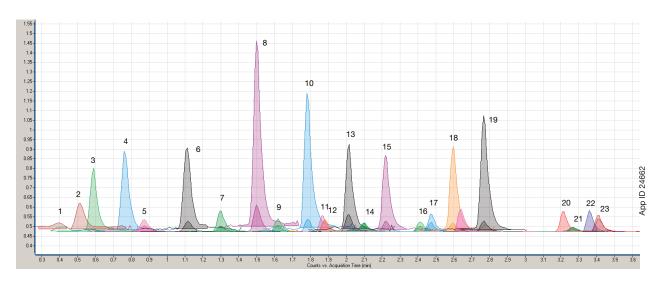


Figure 5: Chromatogram of 0.5 ppb mid-level standard

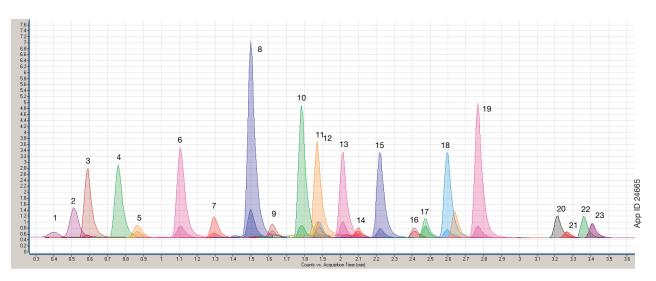




Figure 6: Water + Acetonitrile with PSA dSPE From left to right: Blank, Butter, Cheese, Egg, Milk, and Fish

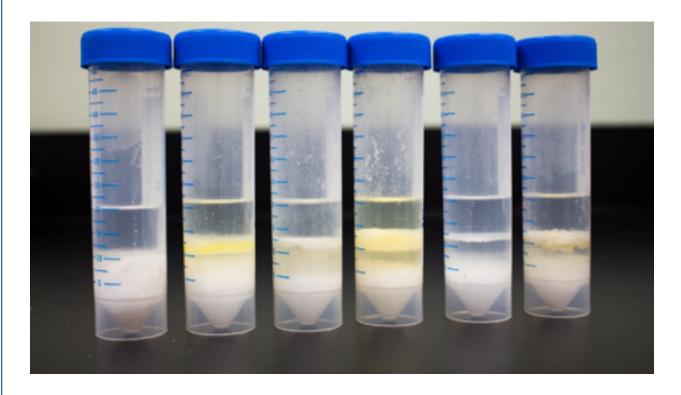




Figure 7: QuEChERS Recoveries 1 ng/g (n=4)

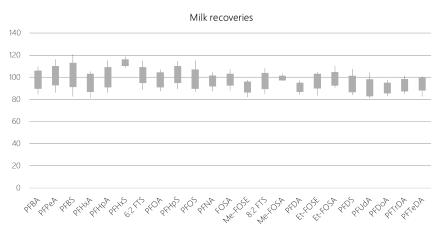


Figure 8: QuEChERS Recoveries 1 ng/g (n=4)

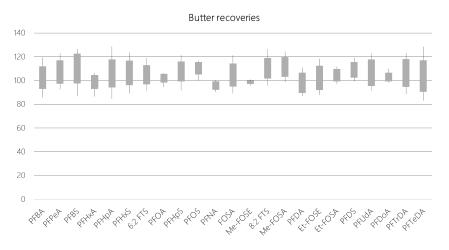


Figure 9: QuEChERS Recoveries 1ng /g (n=4)

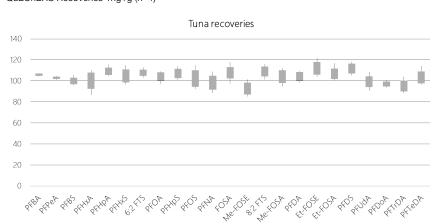




Figure 10: QuEChERS Recoveries 1 ng/g (n=4)

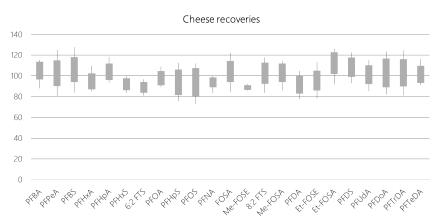


Figure 11: QuEChERS Recoveries 1 ng/g (n=4)

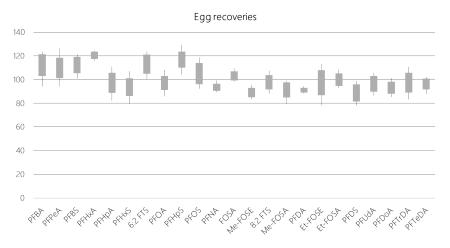
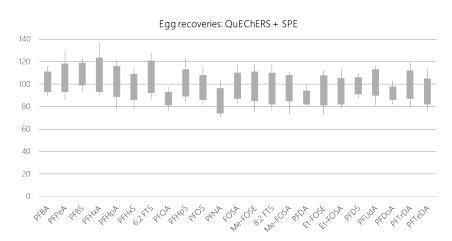


Figure 12: QuEChERS + SPE Recoveries 0.1 ng/g (n=4)







### Luna® Omega Ordering Information

1.6 µm Minibore Columns (mm)		SecurityGuard™ ULTRA Cartridges‡			
Phases	30 x 2.1	50 x 2.1	100 x 2.1	150 x 2.1	3/pk
PS C18	00A-4752-AN	00B-4752-AN	00D-4752-AN	00F-4752-AN	AJ0-9508

for ID: 2.1 mm ID

\*SecurityGuard ULTRA Cartridges require holder, Part No.: AJO-9000

5 µm Mi	5 μm Minibore Columns (mm) SecurityGuard Cartridges (mm)					
Phases	30 x 2.1	50 x 2.1	100 x 2.1	150 x 2.1	4 x 2.0* (10/pk)	
PS C18	00A-4753-AN	00B-4753-AN	00D-4753-AN	00F-4753-AN	AJ0-7605	

for ID: 2.0 - 3.0 mm

5 µm Mi	dBore™ Columr	ns (mm)	SecurityGua	rd Cartridges (mm)
Phases	50 x 3.0	100 x 3.0	150 x 3.0	4 x 2.0* (10/pk)
PS C18	00B-4753-Y0	00D-4753-Y0	00F-4753-Y0	AJ0-7605

for ID: 2.0 - 3.0 mm

5 μm Analytical Columns (mm)			SecurityGuard Cartridges (mm)		
Phases	50 x 4.6	100 x 4.6	150 x 4.6	250 x 4.6	4 x 3.0* (10/pk)
PS C18	00B-4753-E0	00D-4753-E0	00F-4753-E0	00G-4753-E0	AJ0-7606

for ID: 3.1-8.0 mm

### Australia

t: +61 (0)2-9428-6444 f: +61 (0)2-9428-6445

auinfo@phenomenex.com

t: +43 (0)1-319-1301

f: +43 (0)1-319-1300 anfrage@phenomenex.com

**Belgium** t: +32 (0)2 503 4015 (French) t: +32 (0)2 511 8666 (Dutch)

+31 (0)30-2383749 beinfo@phenomenex.com

### Canada

t: +1 (800) 543-3681

f: +1 (310) 328-7768 info@phenomenex.com

### China

t: +86 400-606-8099

f: +86 (0)22 2532-1033 phen@agela.com

**Denmark** t: +45 4824 8048

f: +45 4810 6265 nordicinfo@phenomenex.com

### Finland

t: +358 (0)9 4789 0063

f: +45 4810 6265 nordicinfo@phenomenex.com

### France

t: +33 (0)1 30 09 21 10

f: +33 (0)1 30 09 21 11 franceinfo@phenomenex.com

Germany

t: +49 (0)6021-58830-0 f: +49 (0)6021-58830-11 anfrage@phenomenex.com

### India

t: +91 (0)40-3012 2400

f: +91 (0)40-3012 2411 indiainfo@phenomenex.com

### Ireland

t: +353 (0)1 247 5405

f: +44 1625-501796 eireinfo@phenomenex.com

t: +39 051 6327511

+39 051 6327555 italiainfo@phenomenex.com

**Luxembourg** t: +31 (0)30-2418700

f: +31 (0)30-2383749 nlinfo@phenomenex.com

### Mexico

t: 01-800-844-5226

f: 001-310-328-7768 tecnicomx@phenomenex.com

The Netherlands t: +31 (0)30-2418700

f: +31 (0)30-2383749 nlinfo@phenomenex.com

New Zealand t: +64 (0)9-4780951

f: +64 (0)9-4780952 nzinfo@phenomenex.com

**Norway** t: +47 810 02 005

f: +45 4810 6265

nordicinfo@phenomenex.com

### Puerto Rico

t: +1 (800) 541-HPLC

f: +1 (310) 328-7768

### info@phenomenex.com

Spain t: +34 91-413-8613

f: +34 91-413-2290

espinfo@phenomenex.com

**Sweden** t: +46 (0)8 611 6950

f: +45 4810 6265 nordicinfo@phenomenex.com

**Switzerland** t: +41 61 692 20 20

f: +41 61 692 20 22

swissinfo@phenomenex.com

### **United Kingdom**

t: +44 (0)1625-501367

f: +44 (0)1625-501796 ukinfo@phenomenex.com

t: +1 (310) 212-0555

f: +1 (310) 328-7768 info@phenomenex.com





f: +1 (310) 328-7768 info@phenomenex.com

### Strata®-X-AW Ordering Information

	•		
Format	Sorbent Mass	Part Number	Unit
Tube			
®MISTE	100 mg	8B-S038-EBJ	3 mL (50/box)
	100 mg	8B-S038-ECH	6 mL (30/box)
	200 mg	8B-S038-FBJ	3 mL (50/box)
	200 mg	8B-S038-FCH	6 mL (30/box)
	500 mg	8B-S038-HBJ	3 mL (50/box)
	500 mg	8B-S038-HCH	6 mL (30/box)

### roQ™ Extraction Kits

Extraction kits contain fifty easy-pour salt packets and fifty 50 mL stand-alone centrifuge tubes

Description	Unit	Part No.		
AOAC 2007.01 Method Extraction Kits	Ome	T di t Hoi		
6.0 g MgSO <sub>4</sub> , 1.5 g NaOAc	50/pk	KS0-8911*		
EN 15662 Method Extraction Kits				
4.0 g MgSO <sub>4</sub> , 1.0 g NaCl, 1.0 g SCTD, 0.5 g SCDS	50/pk	KS0-8909*		
Original Non-buffered Method Extraction Kits				
4.0 g MgSO <sub>4</sub> , 1.0 g NaCl	50/pk	KS0-8910		
6.0 g MgSO <sub>4</sub> , 1.5 g NaCl	50/pk	KS0-8912		

\*AOAC and EN Extraction Kits also available in traditional non-collared 50 mL centrifuge tubes, Part No.: KS0-8911-NC and KS0-8909-NC

### roQ dSPE Kits

dSPE kits contain pre-weighed sorbents/salts inside 2 mL or 15 mL centrifuge tubes

Description	Unit	Part No.
2 mL dSPE Kits		
150 mg MgSO <sub>4</sub> , 25 mg PSA, 25 mg C18E	100/pk	KS0-8913
150 mg MgSO <sub>4</sub> , 25 mg PSA, 2.5 mg GCB	100/pk	KS0-8914
150 mg, MgSO <sub>4</sub> , 25 mg PSA, 7.5 mg GCB	100/pk	KS0-8915
150 mg MgSO <sub>4</sub> , 25 mg PSA	100/pk	KS0-8916
150 mg MgSO <sub>4</sub> , 50 mg PSA, 50 mg C18E, 50 mg GCB	100/pk	KS0-8917
150 mg MgSO <sub>4</sub> , 50 mg PSA, 50 mg C18E	100/pk	KS0-8918
150 mg MgSO <sub>4</sub> , 50 mg PSA, 50 mg GCB	100/pk	KS0-8919
150 mg MgSO <sub>4</sub> , 50 mg PSA	100/pk	KS0-8920
15 mL dSPE Kits		
900 mg MgSO <sub>4</sub> , 150 mg PSA, 150 mg C18E	50/pk	KS0-8921
900 mg MgSO <sub>4</sub> , 150 mg PSA, 15 mg GCB	50/pk	KS0-8922
900 mg MgSO <sub>4</sub> , 150 mg PSA, 45 mg GCB	50/pk	KS0-8923
900 mg MgSO <sub>4</sub> , 150 mg PSA	50/pk	KS0-8924
1200 mg MgSO <sub>4</sub> , 400 mg PSA, 400 mg C18E, 400 mg GCB	50/pk	KS0-8925
1200 mg MgSO <sub>4</sub> , 400 mg PSA, 400 mg C18E	50/pk	KS0-8926
1200 mg MgSO <sub>4</sub> , 400 mg PSA, 400 mg GCB	50/pk	KS0-8927
1200 mg MgSO <sub>4</sub> , 400 mg PSA	50/pk	KS0-8928



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CAUTION: this patent only applies to the analytical-sized guard cartridge holder, and does not apply to SemiPrep, PREP or ULTRA holders, or to any cartridges.

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